



After School Club

QUARTERLY REPORT

October - December 2025

Together We Can

www.vision-unlimited.org

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INTRODUCTION

The Impact We Wish to Deliver

- Integration, and increased retention of underprivileged students from transitional communities, into the public education system
- Improved health indices (body weight, height, BMI) through meal supplements and regular health check-ups
- Overall personality development through specialized learning programs

What We Do

- **Classroom teaching** in foundational subjects such as English, Hindi, Maths, EVS and Computer science – to reinforce concepts and help students “catch up” to their peers.
- **Nutritional support** with 1 meal a day with minimum of 500 calories, 8 grams of protein, and other vital nutrients.
- **Health check-ups** including anemia testing, immunization support, and eye check ups

AFTER SCHOOL CLUBS

Holistic development of the child:

- Foundational learning
- Promoting health & immunisation
- Providing nutritional support
- Extracurricular activities
- Safe space for social interaction

Our 'After-School Club' (ASC) program in Gurugram, Haryana, aims to supplement the functioning of the mainstream public education system for underprivileged, transitional communities, by focusing on the following activities.

We work towards helping 'out of school children in developing the basic skills needed for them to be ready to take on formal learning in schools.

We also provide after-school support in the form of doubt clearance and reinforcement of key concepts for children who are already enrolled in government schools.

We essentially incentivise participation and involvement in learning through parent engagement and incentives like the provision of school supplies and learning aids, a meal supplement per day, as well as regular free health check-ups for the holistic development of our children in the urban slums of Badshahpur, Gurugram.



**5 After
School Clubs
676 children**

KEY ACTIVITIES

01

Regular Classes

Regular classes continued through the quarter, after the month long summer club. There was lots to learn, and catch up on!

02

Extra-curricular activities

Sundays continued to be fun-days, with four hours fun and frolic: hobby classes, outdoor games, singing, dancing, mehndi, sewing and cooking

03

Health Check

Monthly recording of height, weight.. On schedule supplements, and help with healthcare navigation.

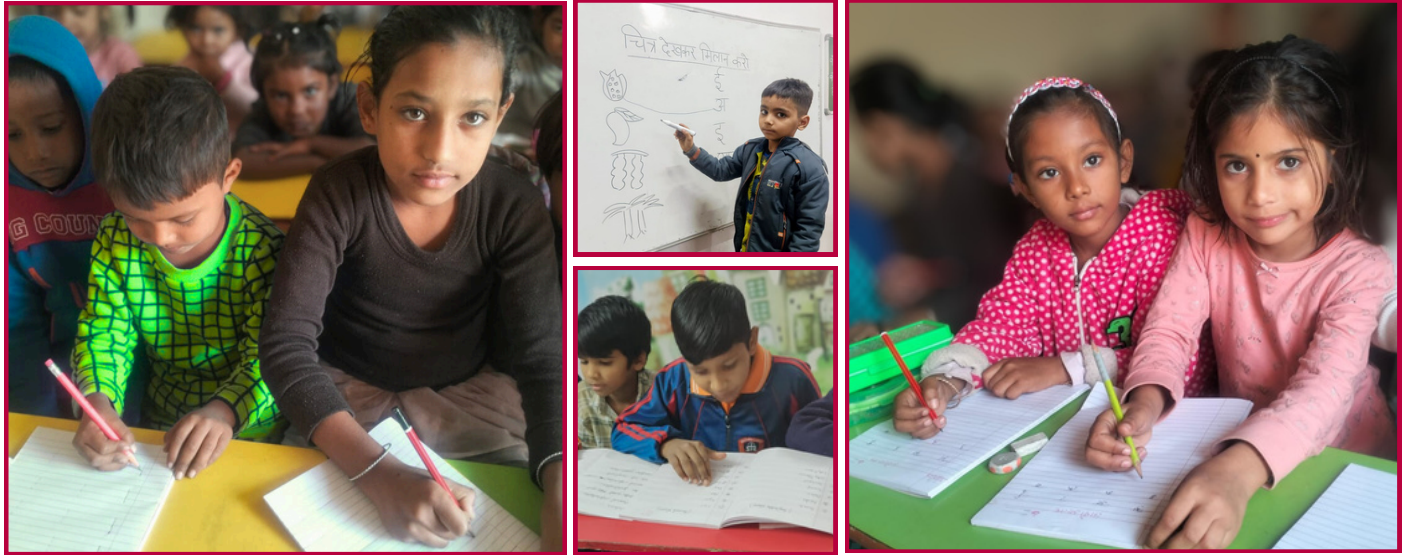
04

New Developments

This was a busy three months: A new Club 6, the daycare program became more streamlined, the Special Abilities program was revamped, and ASC4 got a new building!!

ACADEMICS

Children attending the Vision Unlimited After-School Club demonstrate consistent academic progress. Structured homework support, individualized guidance, and engaging learning activities have significantly strengthened their understanding and performance in core subjects. Teachers have observed noticeable improvements in students' confidence, active classroom participation, and overall enthusiasm for learning.



NUTRITION

Feeding India now provides our children with nutritious hot meals on a daily basis. This collaboration ensures that students are well-nourished, supporting their overall health and well-being while enhancing their ability to learn and succeed academically. Together, we are creating a healthier, more focused, and supportive learning environment.



EXERCISE AND PLAY

Exercise and play play a vital role in keeping children healthy, happy, and active. At the Vision Unlimited After-School Club, we promote enjoyable physical activities that build strength, teamwork, and self-confidence. Through games and movement, children enhance their focus, develop new skills, and grow stronger both physically and mentally. Outdoor play sessions provide opportunities for recreation and social interaction, while morning exercise continues to remain an integral part of our daily curriculum.



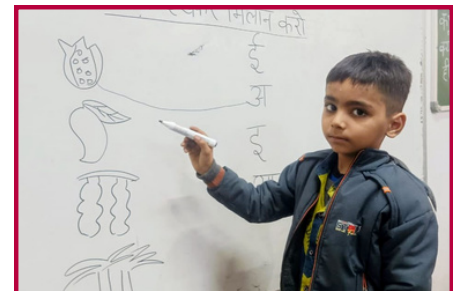
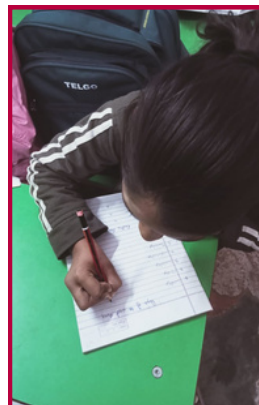
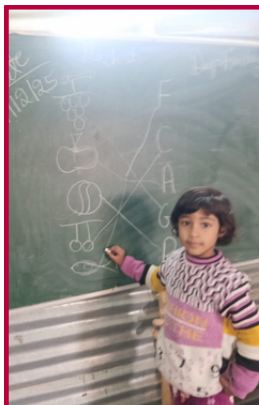
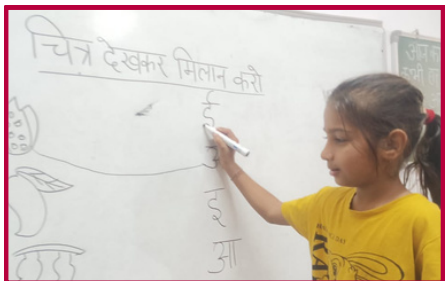
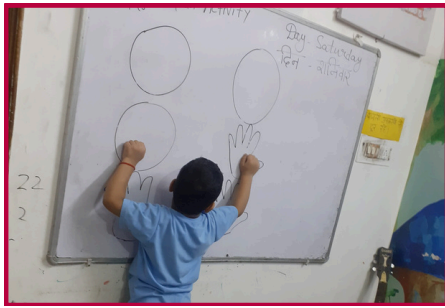
GIRLS CIRCLE

The girls come together to openly discuss issues related to adolescence, menstrual health, and other challenges they may face. Teachers serve as facilitators for these discussions, guiding the dialogue, helping identify practical solutions, and supporting the girls in navigating appropriate healthcare services.



CRAFT WORKSHOPS

The clay modeling and painting workshops at Vision Unlimited provided children with hands-on opportunities to express creativity, build self-confidence, and develop essential life skills. The theatre sessions encourage teamwork, communication, and self-expression, while clay art activities stimulated imagination and artistic exploration. Together, these engaging workshops empowered children through joyful and meaningful skill-building experiences.



OUTDOOR DAYS

The outdoor days and free play at Vision Unlimited offered children an engaging platform to express themselves, build confidence, and develop essential life skills. Under the guidance of teachers, these sessions strengthened communication, creativity, and teamwork, while encouraging children to overcome stage fear and express their ideas freely. Through interactive activities and performances, the workshops fostered self-confidence, emotional expression, and a strong sense of collaboration



MUSIC SESSIONS WITH MANZIL MYSTICS

Regular music sessions were conducted in collaboration with Manzil Mystics as part of a holistic child development approach. These sessions created an engaging and joyful learning environment that encouraged creativity, confidence and emotional well-being among children through interactive singing, rhythm exercises, movement-based activities and group performances.

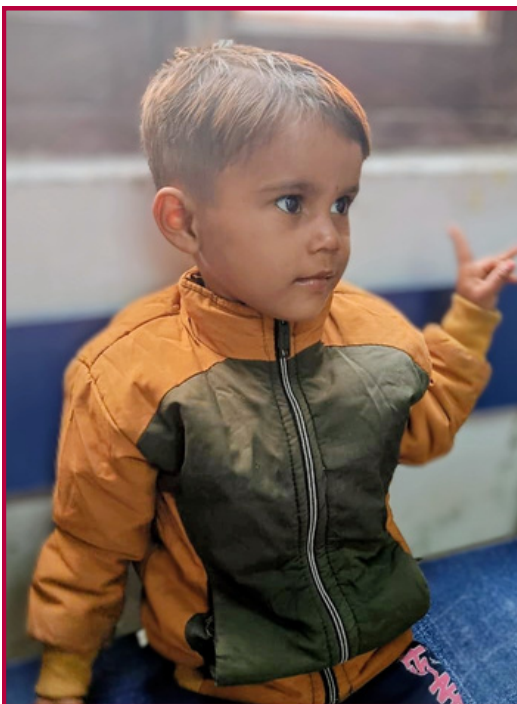
The child-friendly facilitation helped improve self-expression, coordination and teamwork while instilling discipline and confidence. Overall, the collaboration with Manzil Mystics added significant value to the programme by supporting children's artistic, social and emotional development.



DAYCARE CENTER

Our after school clubs usually take children above the age of four. But many of our older children are also child minders for their younger siblings, as their mothers go to work. They can, therefore, not attend school.

To help them continue their education, we started a small play area for children even two years old, in the ASCs. We now have forty children in this program. All our ASCs now support our older students by taking care of their younger siblings during school hours.



SPECIAL ABILITIES PROGRAM

SAP is our program for including children with special abilities into our Club. We have twenty children in our family who struggle to come to the Club because of physical, emotional or intellectual limitations. Our teachers visit them twice a week, at home, with little treats, snacks, and teach them at home.

The program is now getting a much needed facelift - Rao Inderjit Singh uncle, our Member of Parliament, has given us a comfortable, new car so the children can now come to school instead, and study with their peers!



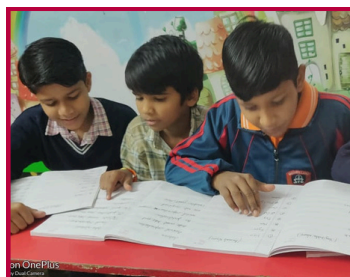
OUR FRIENDS WHO VISITED US

Our friends came carrying gifts and snacks for the children on Children's Day, and spent a delightful day playing music, and working on art and craft projects. it is a visit that will be remembered by all



OUR READING PROGRAM

Our libraries are used regularly. We are looking forward to our children learning to read better, and enjoy books- very especially in English.



ADOLESCENT HEALTH

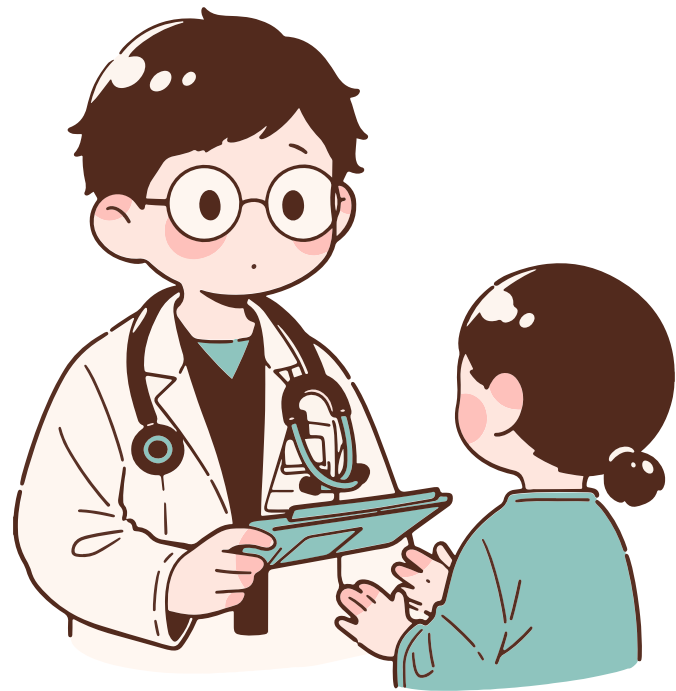
The Girls Circle Initiative at the Vision Unlimited After-School Club, structured program aimed at empowering adolescent girls from underprivileged communities. The initiative focuses on building self-confidence, leadership qualities, and essential life skills while addressing key topics such as gender equality, menstrual hygiene, health awareness, and personal safety.

Through interactive sessions, group discussions, and mentoring, the program provides a safe and inclusive space for self-expression and peer learning. As a result, participating girls have shown improved communication skills, increased motivation toward education, and greater confidence to make informed decisions—contributing to their holistic growth and long-term empowerment.



HEALTH CAMP

As part of the foundation's commitment to overall well-being, regular health camps were organized for children and community members, focusing on early identification, awareness, and support for physical and mental health needs. The initiatives included a physiotherapy camp conducted by Dr Saurabh and Dr. Kirti, mental health awareness sessions led by Dr. Praveen Gupta, ADHD and anxiety screenings facilitated by Dr. Chetna Luthra, and general health checkups by pediatrician Dr. Rafat, covering growth monitoring, nutrition, hygiene, and preventive care. Collectively, these camps strengthened children's physical, emotional, and developmental wellness while reinforcing a holistic community support system.



• Physiotherapy Camp

Conducted by Dr. Saurabh and Dr. Kirti, the camp provided screening and guidance for posture issues, muscle strength, joint mobility, and general physical development in children.

• Mental Health Camp

Led by Dr. Praveen Gupta, this session focused on emotional well-being, stress awareness, and behavioural observations. Parents and children received guidance on maintaining a healthy and positive mindset.

• ADHD & Anxiety Screening

Facilitated by Dr. Chetna Luthra, assessments were conducted to identify attention, focus, and anxiety-related concerns. Early guidance and recommendations were offered to support children facing such challenges.

• Pediatrician Visit

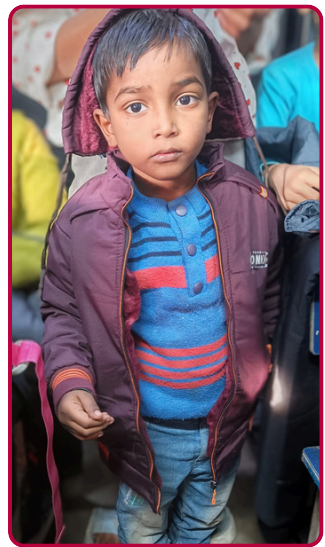
Dr. Rafat conducted general health checkups, monitored growth parameters, and provided advice on nutrition, hygiene, and preventive health practices.



WINTER SUPPORT

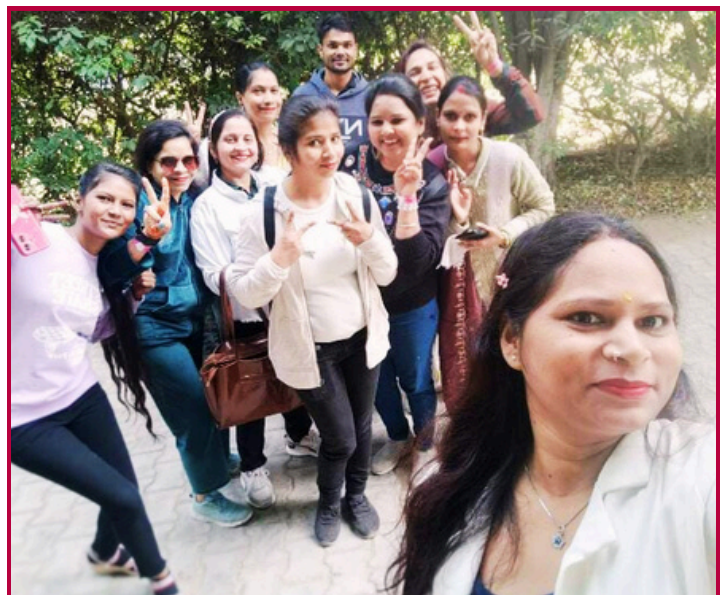
In December, as part of the winter relief initiative,, friends of Vision Unlimited provided essential winter support to children at the centre. Uniform winter jackets in multiple colours were distributed to ensure children remained warm and could attend classes comfortably during the colder months.

Additional support in the form of blankets and shoes was extended to children most in need, safeguarding their health and well-being. This initiative reinforced the programme's commitment to creating a safe, caring, and supportive environment, enabling uninterrupted learning throughout the winter season.



TEACHERS' OFFSITE

In November, teachers and staff participated in a Team-Building and Leadership Training Trip at MadhavGarh Farms under the Mission Education initiative. The day included fun group activities, leadership exercises, and collaborative tasks that strengthened communication, teamwork, and motivation. The trip helped improve staff bonding, boosted morale, and enhanced leadership skills, contributing to a more positive and effective working environment.

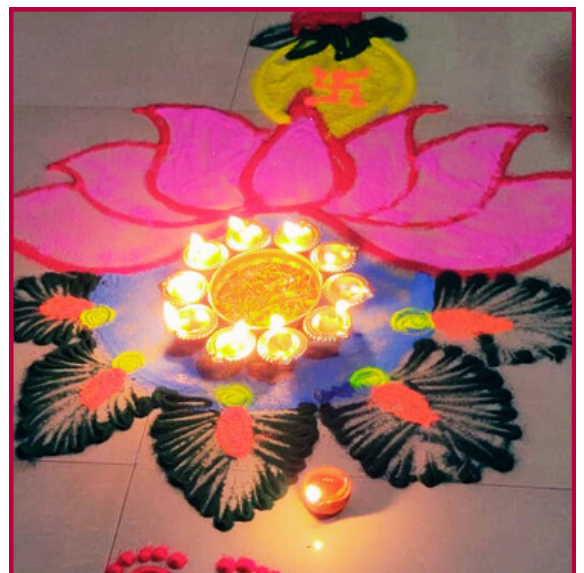




DIWALI CELEBRATION



The children of Vision Unlimited celebrated Diwali with great joy and laughter. Children participated in creative activities such as decorating diya, learning about the cultural significance of Diwali and values like cleanliness, kindness, and togetherness. The celebration supported foundational learning by enhancing creativity, focus, communication, and confidence, while providing a joyful and inclusive learning environment.



CELEBRATION OF GURU NANAK JAYANTI

Guru Nanak Jayanti was celebrated with prayers and camaraderie. The teachers introduced children to the life and teachings of Guru Nanak Dev Ji, highlighting values such as truth, equality, compassion, humility, and selfless service. Through age-appropriate discussions and interactive activities, children learned the importance of respect, harmony, and helping others without discrimination.

The celebration also supported foundational literacy and holistic development. Storytelling, group discussions, and participatory activities enhanced children's listening, comprehension, and communication skills, while promoting confidence, teamwork, and social interaction. Overall, the event served as a meaningful blend of cultural learning and educational growth, aligned with the objectives of the program



CHILDREN'S DAY CELEBRATION



Children's Day was celebrated at all rte After-School Clubs with great enthusiasm and joy. The event included interactive discussions, a cake-cutting ceremony, and the distribution of educational and creative gifts, creating a joyful atmosphere that promoted confidence, creativity, and emotional well-being while reinforcing the program's focus on holistic child development.



SANJHI KHUSHI

In November, our children attended the “Sanjhi Khushi” Christmas Carnival at Kishan Bhawan, Faridabad. The inclusive event brought together multiple NGOs and offered children a joyful mela experience with free access to food stalls, games, activities, and cultural performances, ensuring equal participation for all.

The children actively engaged in games, won prizes, enjoyed festive food, and proudly presented a dance performance that boosted their confidence and self-esteem. Each child also received a complete school kit to support their educational needs. Overall, the carnival provided a memorable blend of celebration, recreation, confidence-building, and learning support.



CHRISTMAS CELEBRATION

A joyful Christmas celebration was organised for the children at the Clubs. The event aimed to create a festive, inclusive, and happy environment while encouraging creativity, participation, and social interaction.

The celebration included distribution of festive refreshments such as pastries, samosas, and snacks, which were enjoyed by all children. A special highlight of the event was a volunteer dressing up as Santa Claus, which brought excitement, laughter, and cheer among the children. The presence of Santa created a warm and memorable experience, especially for younger children.

Children actively participated in dance activities, fun games, and a drawing competition, showcasing their creativity and enthusiasm. The drawing competition encouraged imagination and artistic expression, while group games and dancing helped build confidence, teamwork, and joyful engagement.

The celebration fostered happiness, togetherness, and emotional well-being among the children. Overall, the Christmas celebration served as a meaningful recreational and cultural activity, allowing children to enjoy the festive spirit in a safe, caring, and supportive environment while strengthening social and creative skills.



CHRISTMAS CELEBRATION



PTM

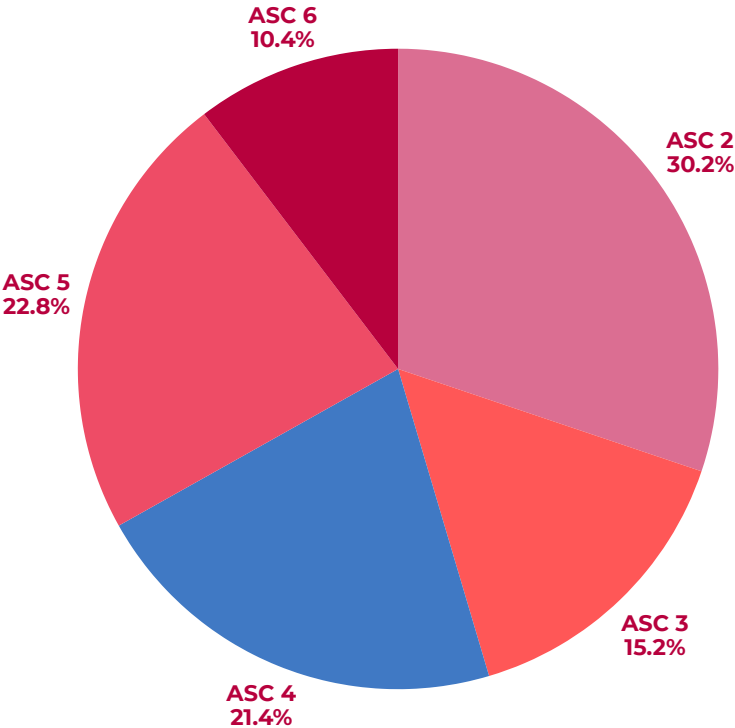
The monthly parents-teacher meeting took place, fostering collaboration and discussion on student progress. Parents and teachers discussed academic performance and social behavior improvements The PTM was a resounding success, leaving parents encouraged and motivated to play a more active role in their child’s educational journey. Vision Unlimited remains committed to nurturing students' potential and building a strong partnership with parents to ensure their children’s success in all spheres of life.

CLUB	October		November		December	
CLUB	<u>DATE</u>	ATTENDANCE	<u>DATE</u>	ATTENDANCE	<u>DATE</u>	ATTENDANCE
ASC-2	31 Oct 2...	159/204	24 Nov 2...	154/204	28 Dec ...	135/204
ASC-3	31 Oct 2...	70/103	24 Nov 2...	80/103	28 Dec ...	90/103
ASC-4	31 Oct 2...	113/145	24 Nov 2...	124/145	28 Dec ...	94/145
ASC-5	31 Oct 2...	116/154	24 Nov 2...	120/154	28 Dec ...	95/154
ASC-6	31 Oct 2...	36/71	24 Nov 2...	70/90	28 Dec ...	65/70

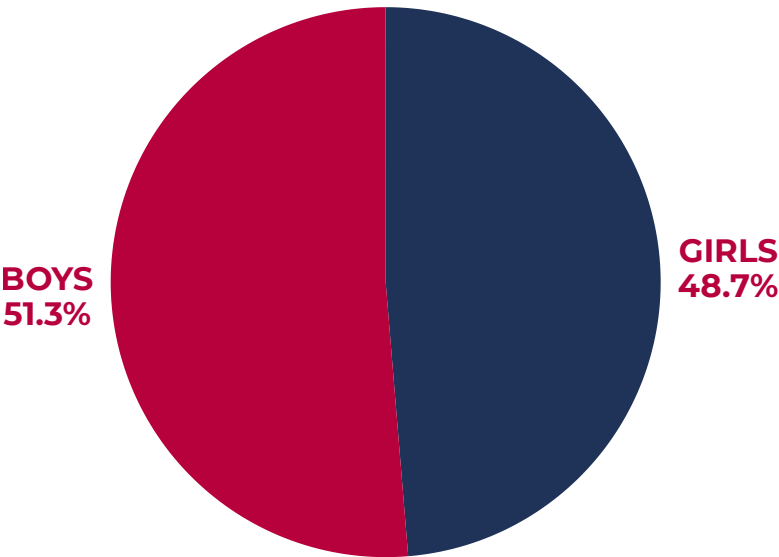


Students & Gender Diversity

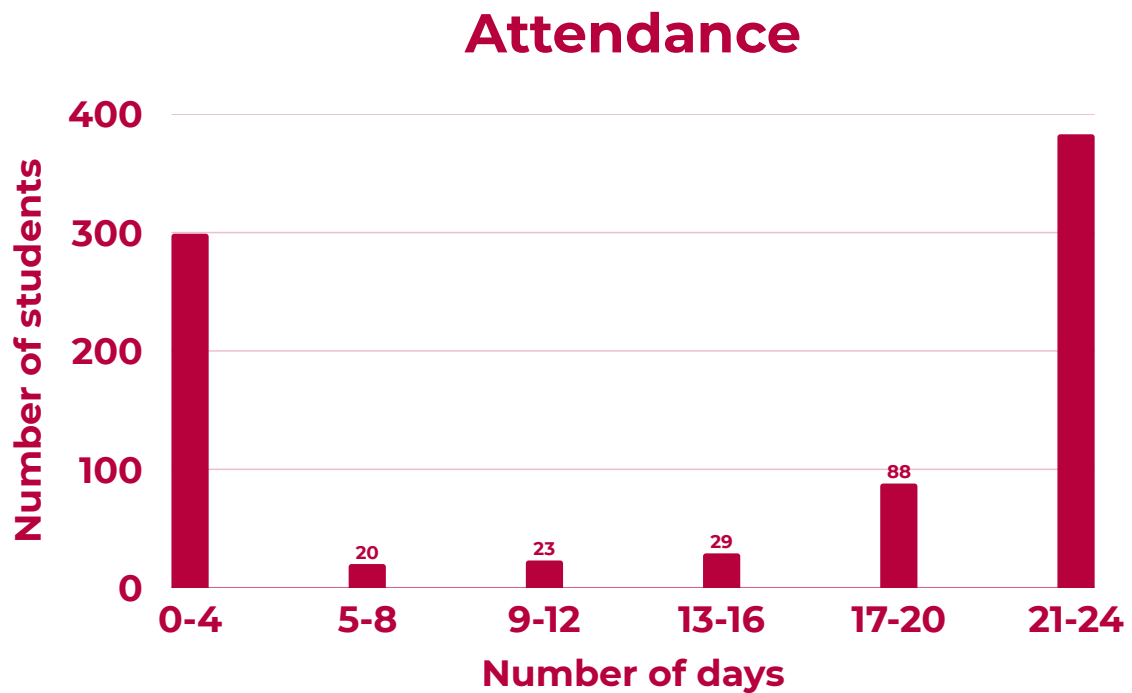
TOTAL NUMBER OF STUDENTS



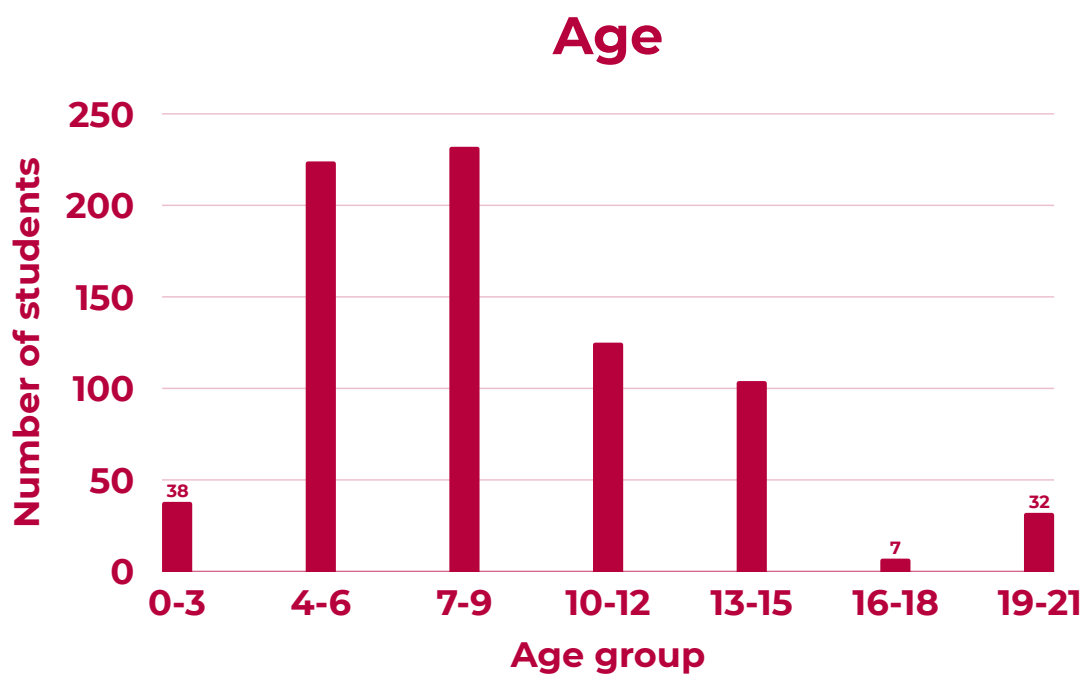
GENDER RATIO



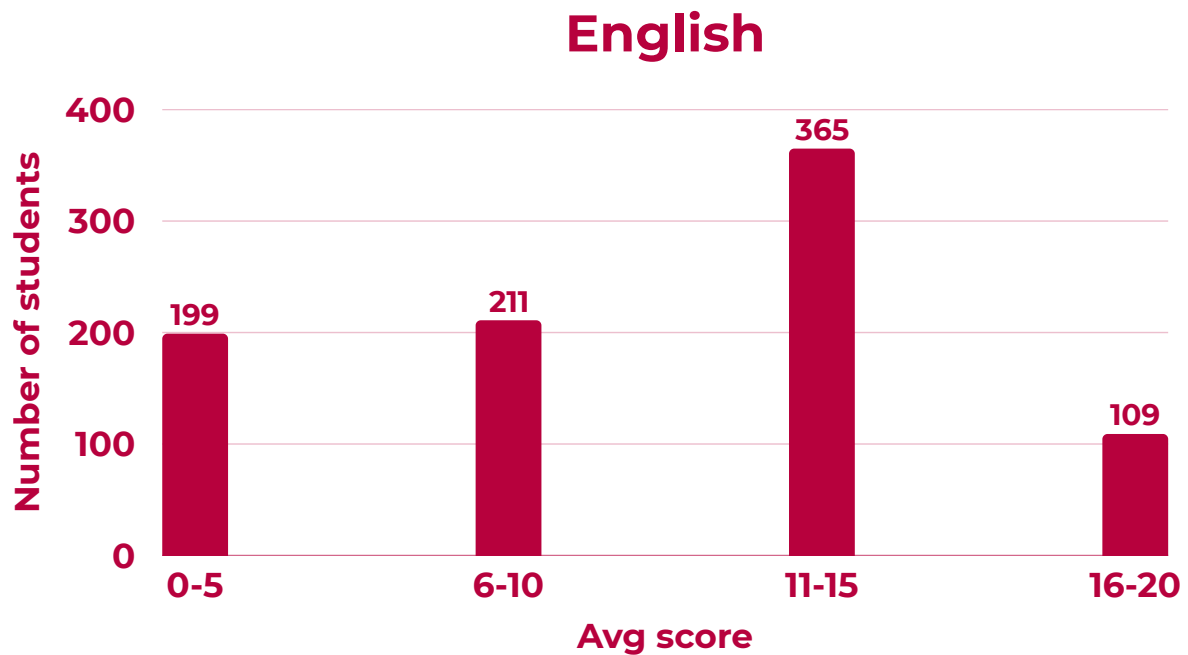
ATTENDANCE



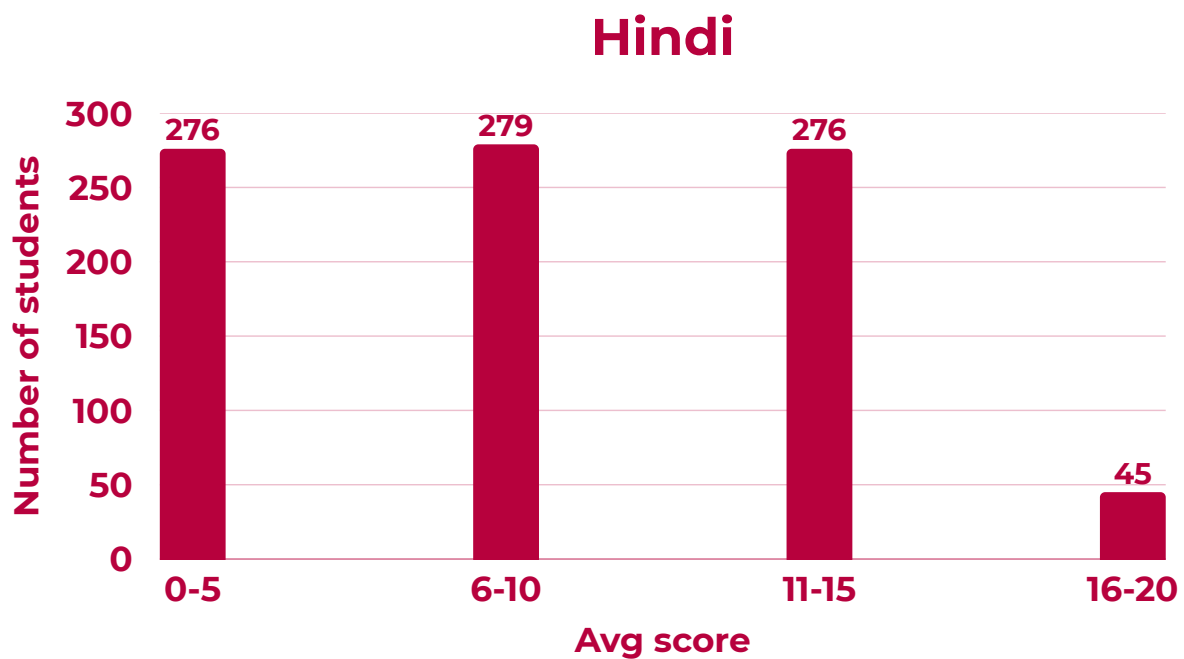
AGE



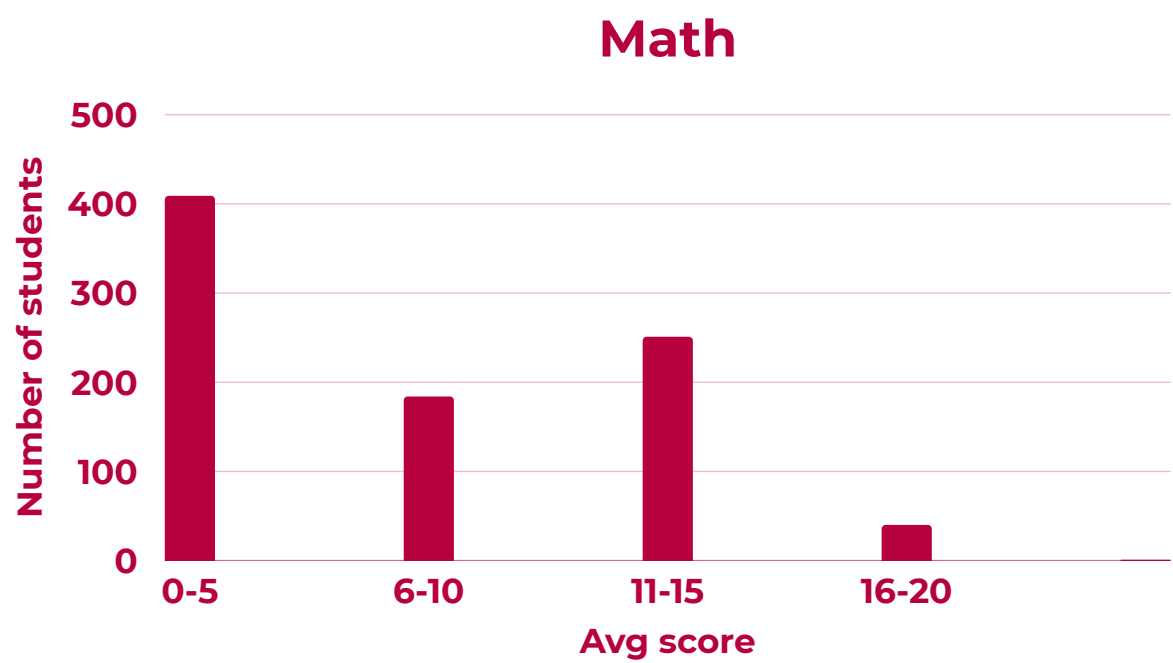
ASSESSMENT - ENGLISH



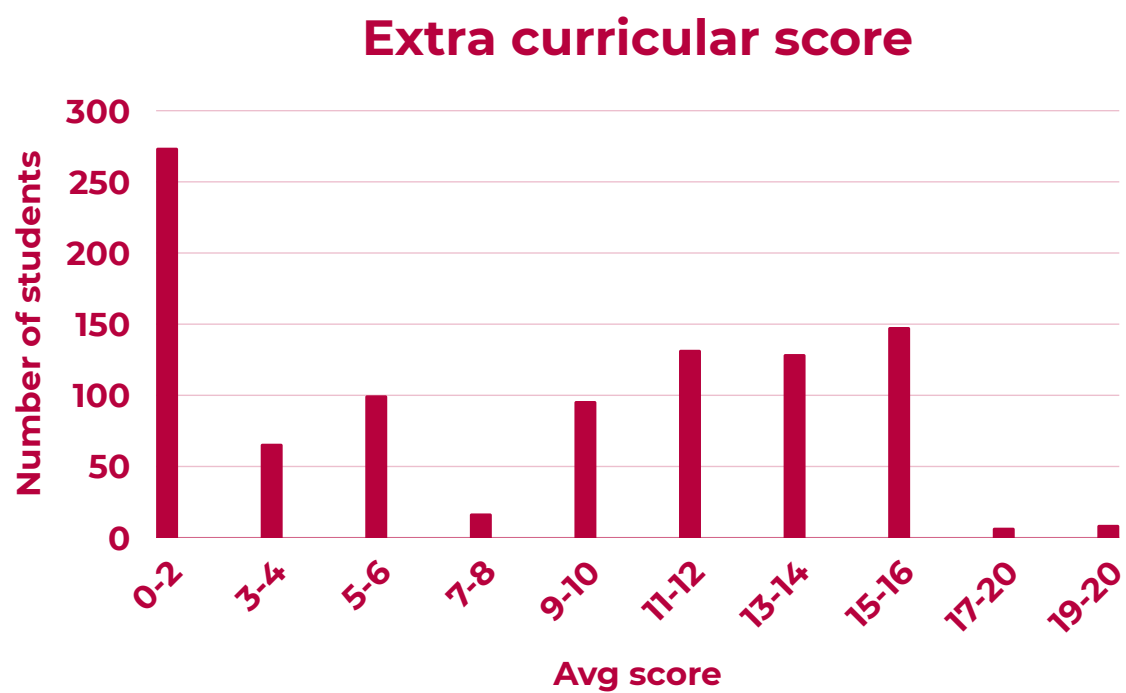
ASSESSMENT - HINDI



ASSESSMENT - MATH



ASSESSMENT - EXTRACURRICULAR ACTIVITIES



ASSESSMENT - CLEANLINESS



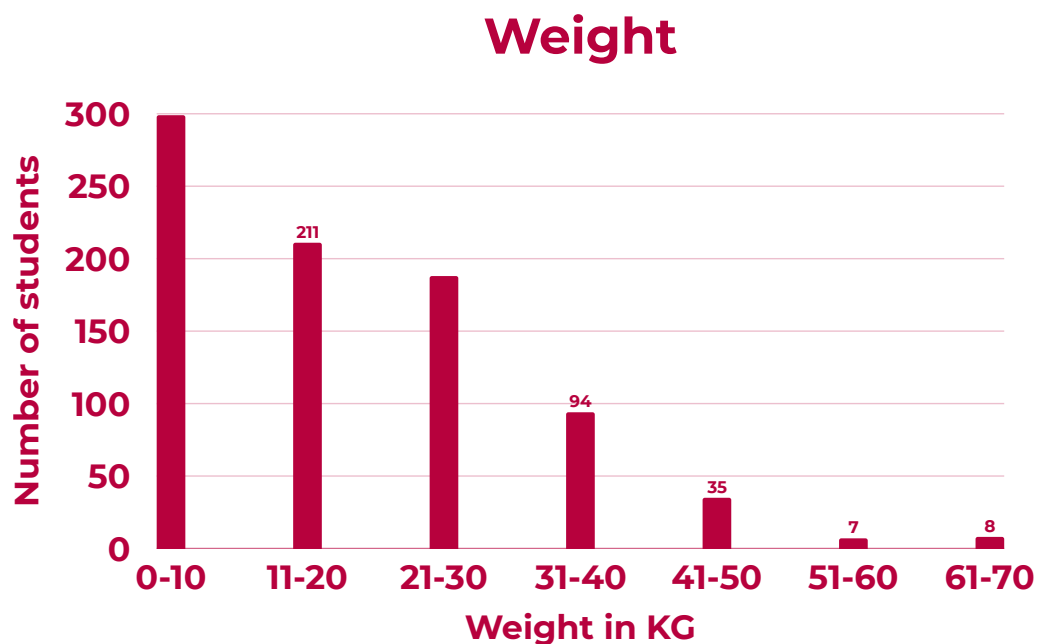
ASSESSMENT - TOTAL SCORE



HEALTH METRIC - HEIGHT



HEALTH METRIC - WEIGHT



NEXT STEPS

We continue doing what we are doing, and hope to bring more children into the educational mainstream.

Our efforts for their holistic development remains on course.



**"One child, one teacher, one book,
one pen can change the world."**

— Malala Yousafzai

VOLUNTEERS

Who make it all possible

- Virender Kapoor
- Anita Sahoo
- Kavita Singh
- Aradhya Bhartiya
- Nikita Nanavaty

PARTNERS



Education Partners

UNITED COLORS
OF BENETTON.

Style Partner

feeding india

A ZOMATO GIVEBACK

Nutrition Partner



Other Partners



Monitoring & Outcome Auditor